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Weight Loss Formula

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Obesity Dangerous?

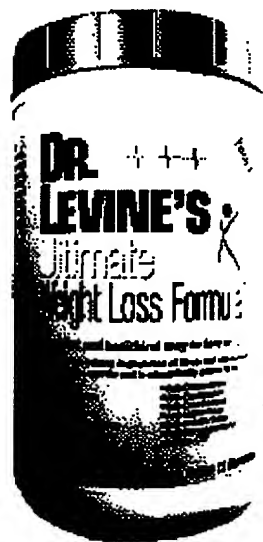
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Dr. Levine's Ultimate Weight Loss Formula™ is "The Smartest, Healthiest, Safest, and Most Effective Way to Lose Weight™"

Dr. Levine's Ultimate Weight Loss Formula™ (DLUWLF) is a unique pending powder that is mixed in water or other low-caloric beverage to create a great tasting drink that will cause satiation (cause you to feel filled up). When you feel full, you will eat less, and lose weight. It is not like any weight loss product available as you will lose weight eating the foods you like---DLUWLF will force you to eat less of them.

To quote a gentleman who lost 11 pounds in the first 3 1/2 weeks, "It is nothing like a diet. I am not hungry at anytime."

DLUWLF when mixed in water, creates a ZERO calorie beverage that sends nerve impulses from your stomach to your brain telling you to stop eating. DLUWLF is made from only healthy ingredients - not stimulants.

With Dr. Levine's Ultimate Weight Loss Formula there are:

- No special foods or prepackaged meals to buy
- No stimulants
- No calories to count
- No foods to avoid

Instead,

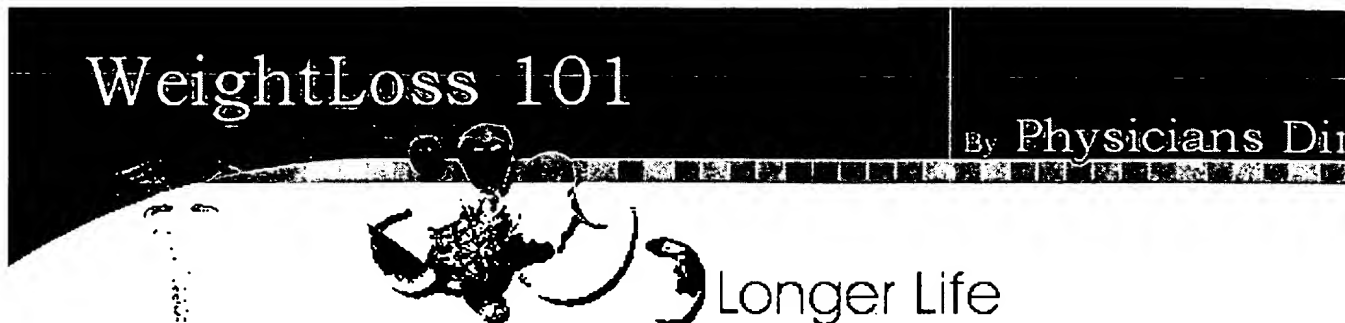
- **EAT WHAT YOU WANT**—cause you're not going to eat much
- **Improve your health by eating nutritious fibers that help prevent heart disease, high blood pressure, high cholesterol, dementia, diabetes, and a variety of cancers.**
- **Improve your entire lipid profile to reduce chance of Alzheimer's dementia, stroke, and heart attack.**
- **Prevent a variety of diseases.**

- **Live longer, healthier, and happier.**

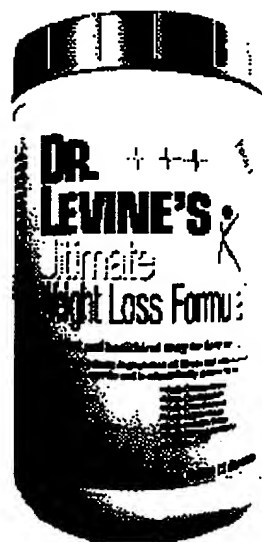
Find out why DLUWLF is the **Smartest**, **Healthiest**, **Safest** and **Most** way to lose weight. Read the information on this site to learn about all the advantages and then order today to begin enjoying better health and a longer life!

**Patent Pending 2001,2002**

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# DR. LEVINE'S

## Ultimate

# Weight Loss Formula

*The Smartest, Healthiest, Safest, Easiest, And Effective Way To Lose Weight!™*

- Anti-Cancer
- Anti-Obesity
- Anti-Glucose Intolerance
- Anti-Hypertension
- Anti-Constipation
- Anti-Hemorrhoids
- Anti-Homocysteinemia
- Anti-Heart Disease
- Anti-Diabetes
- Anti-Cholesterol
- Anti-Osteoporosis
- Anti-Diverticulosis
- Anti-Irritable Bowel
- Anti-hs-CRP

Dr. Scott Levine, a board certified internal medicine physician and lead expert in health and nutrition, designed and formulated Dr. Levine's Ultimate Weight Loss Formula (DLUWLF)---the most safe and complete way to curb your appetite and lose weight. Dr. Levine has had an internal medicine (primary care) practice for over 13 years. He aggressively practices preventive medicine to optimize his patients' health and longevity. Deeply concerned by the shockingly high statistics on obesity and the resulting health risks that it poses, Dr. Levine developed this formula to help his patients lose weight effectively and effortlessly, and as a non-prescription way to lower cholesterol. Dr. Levine's Ultimate Weight Loss Formula has given his patients spectacular results in both weight loss and cholesterol-lowering.

DLUWLF is an easy-dissolving, pleasant tasting powder containing the content of fiber per serving of any drink in the world. This unique form of different fibers and antioxidants creates a sensation of fullness that causes you to eat less during the meals or snacks that follow. Typically the sensation of fullness will last for several hours beyond the meal. The National Cancer Institute (NCI) recommends 20-35 grams of fiber per day. Most Americans get even half that. Now with DLUWLF fiber drink you can improve your health and lose weight. Take two servings daily and you will already exceed the recommendations.

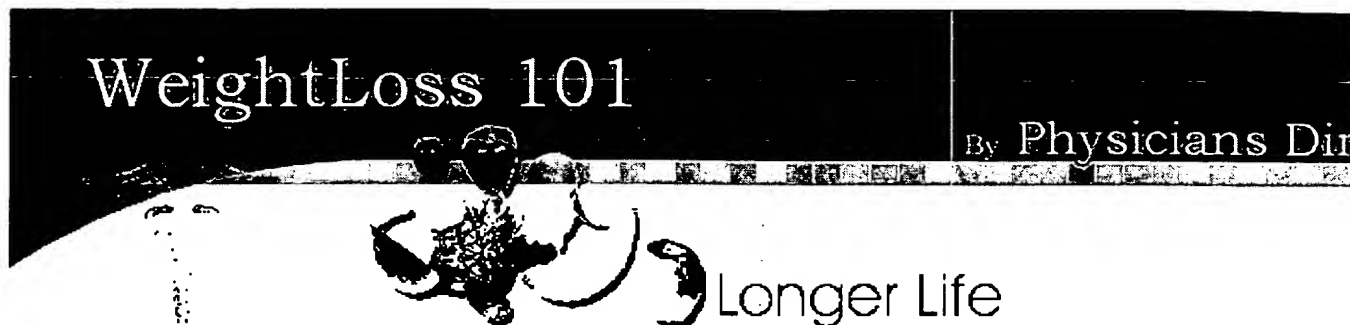
Dr. Levine's Ultimate Weight Loss Formula is unique and patent pending. It is a special formulation of five different natural fibers, antioxidants and B vitamins. It does NOT contain stimulants, Nutrasweet®, or Aspartame®. **The ingredients in DLUWLF are natural and actually healthy to consume.**

Please read this entire site. Educate yourself on the dangers of obesity and the resulting health risks. Buy DLUWLF today and begin improving your health and losing weight tomorrow.

***Dr. Levine is a board certified internal medicine physician and leader in health and nutrition who designs unique products that can optimize your health.***

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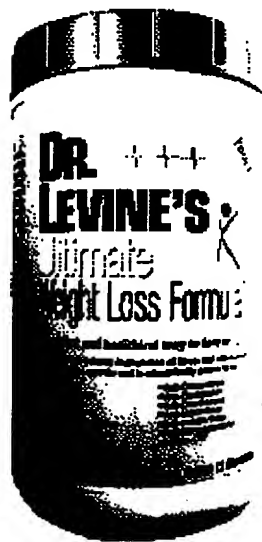
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### *Am I overweight?*

Statistics show that more than 60% of Americans are **overweight** and qualify as **obese**. Obese simply means you weigh 20% more than your body weight. **Morbidly obese** means you weigh more than 100 lbs over ideal body weight.

Overweight and obesity are epidemics in the United States. Both children and adults are increasing in weight at an alarming rate. In the past 20 years, the population of obese people has DOUBLED.

### *What is ideal body weight?*

Ideal body weight is the correct amount you should weigh based on your height. Obviously, taller people will weigh more and shorter people will weigh less. You can get a rough estimate of your proper weight by following this formula:

#### For Women:

- Give yourself 100 lbs for the first 5 feet.
- Give yourself 5 lbs for every additional inch.

Example: A woman who is 5'4" should weigh 120lbs.

#### For Men:

- Give yourself 110 lbs for the first 5 feet
- Give yourself 6 lbs for every additional inch

Example: A man who is 5'8" should weigh about 158 lbs.

Another way to judge if you are obese is to measure your body mass index (BMI). This is simply a chart or calculation that shows whether you are overweight, obese, or morbidly obese based on the height and weight you supply.

These two methods are accurate for most people. They are not accurate

builders because of their increased muscle mass. Muscle weighs more than fat, so a very muscular person may appear obese by the above two measures. If you are a body builder it is best for you to measure your **percent body fat**, which is easily done by a simple (hand grip) electronic fat analysis machine or by measuring a pinch of fat with calipers at the waist.

### *Why is it important to know your waist circumference?*

Extra weight centered around your waist or abdomen is dangerous and especially unhealthy as it creates insulin resistance within your body. This can lead to a cascade of events that greatly accelerate many health risks (i.e. heart disease, diabetes, metabolic syndrome, etc.) and shorten your life span.

- Waist circumference measurement allows you to evaluate your abdominal fat content.
- Women should have a waist measurement of less than 35 inches
- Men should have a waist measurement of less than 40 inches or 1

### Body Mass Index Calculator

Weight:  lbs.

Height:  Ft.  In.

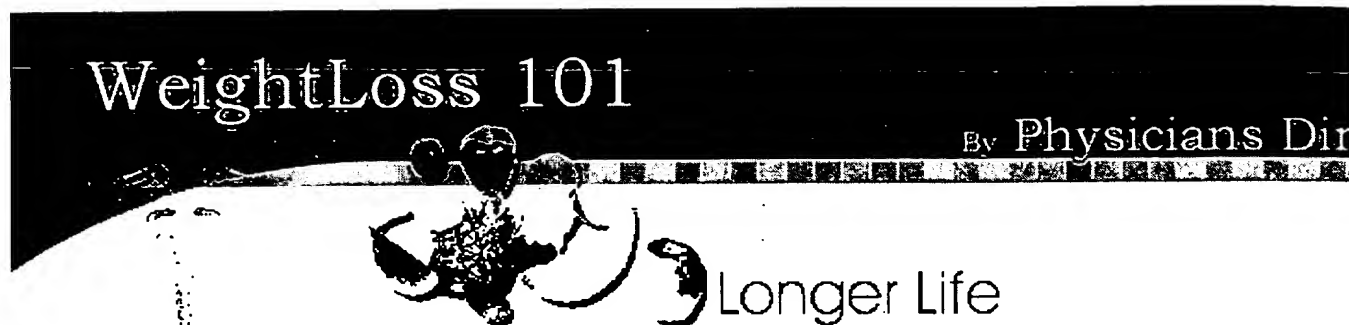
Your Body Mass Index is

According to the Panel on Energy, Obesity, and Body Weight Standards published by American Journal of Clinical Nutrition, your BMI category is considered to be:

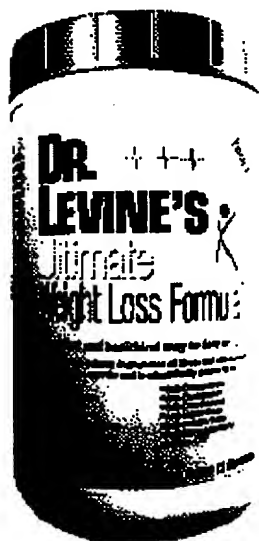
Risk of Associated Disease According to BMI and Waist Size			
BMI		Waist less than or equal to 40 in. (men) or 35 in. (women)	Waist greater than 40 in. (men) or 35 in. (women)
18.5 or less	Underweight	--	N/A
18.5 - 24.9	Normal	--	N/A

25.0 - 29.9	Overweight	Increased	High
30.0 - 34.9	Obese	High	Very
35.0 - 39.9	Obese	Very High	Very
40 or greater	Extremely Obese	Extremely High	Extreme

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## *Dangers of Obesity*

Here is a list of some common health problems caused by being overweight. Please continue to read the entire page, as you will see why even being over ideal body weight can be a health nightmare.

Common health risks that develop from being overweight or obese:

- **Heart disease**
- Stroke
- **Cancer (especially breast, endometrial, colon, and prostate)**
- High Blood Pressure (Hypertension)
- High Cholesterol or Dyslipidemia
- **Insulin Resistance**
- Glucose Intolerance (pre-diabetic state that carries all the health risks of overt diabetes)
- Diabetes
- Gallstones (Cholelithiasis)
- Gout
- Atherosclerosis (plaque build-up on your blood vessels)
- Elevation of high sensitivity C-reactive protein levels (causes inflammation in heart and greatly increases your chance of a heart attack)
- Angina and Congestive Heart Failure
- Cardiomegally (enlarged heart that leads to sudden death rhythm disturbances)
- Osteoarthritis
- Respiratory or Breathing problems
- Sleep Apnea (common disorder where obesity causes ineffective breathing during sleep and multiple health problems including fatigue, high blood pressure, and sudden death heart rhythms)
- Uric Acid kidney stones
- Bladder control problems (incontinence)
- Female reproductive problems (polycystic ovaries, menstrual irregularities, irregular ovulation, and infertility)
- Hirsutism (women get hair in man-like distribution)
- Psychological problems (low self-esteem, eating disorders, depression)
- And many more



***Why is it important to know if you are over your ideal body weight?***

Carrying extra weight is unhealthy. The more overweight you are, the more health risks you are exposed to. **Even if you are 10-15 lbs over your ideal weight, you may be creating serious harm to your body.** When you are overweight, even by a little, it can change your body's metabolism of cholesterol. Extra fat, especially around the waist causes insulin resistance which sets off a cascade of events that greatly increases your chances of a heart attack or stroke.

A few extra pounds can create insulin resistance, which causes:

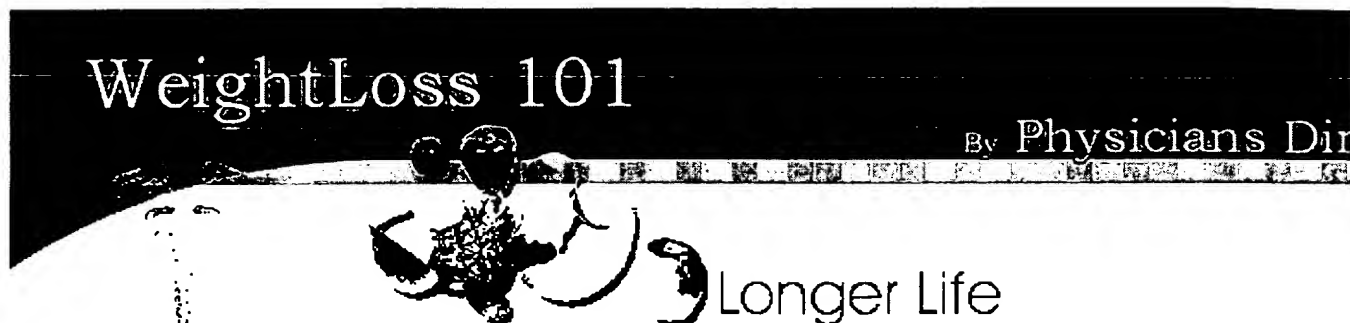
- glucose intolerance (pre-diabetic state)
- elevated blood sugar or diabetes
- elevated triglycerides
- production of *small* HDL cholesterol particles which greatly impair body's ability to remove plaque from your arteries
- production of *small* LDL particles- these are very aggressive plaque forming cholesterol particles
- elevation of your blood pressure (hypertension)
- development of the "metabolic syndrome" (formerly called Syndrome X) which greatly increases and accelerates your risk of heart disease death.

Especially cruel is the fact that all of these dangers are **silent**. Typically you do not have any symptoms to alert you that your body is insidiously being destroyed.

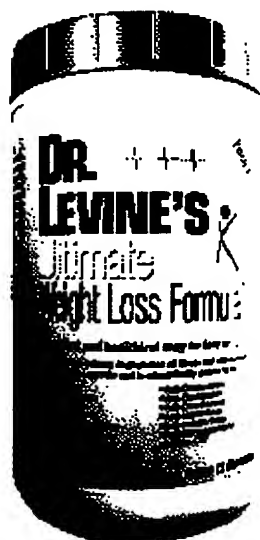
Remember- even a few pounds over your ideal body weight can **SILENTLY** be killing you.

**Order Dr. Levine's Ultimate Weight Loss Formula Today! Begin your healthy, safe, and easy weight loss ASAP. Don't wait another day to improve your health and longevity!**

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### Testimonials

with comments by Dr. Scott Levine  
MD.



Here is what my patients have had to say about Dr. Levine's Ultimate Weight Loss Formula™:

**"It is not anything like a diet. I am not hungry at any time. It is VE EASY to take. I am looking forward to my next blood work."**

E.A. male in his 60s- retired U.S. Army Corporal.

*Comment: This man was visiting his daughter and tried her DLUWLF. 11 lbs in his 3 1/2 week visit. He loves the product so much, when he re home he ordered more and several of his friends placed an order too!*

#### Update

*Mr. E.A. contacted me to tell me he lost 16 lbs in exactly 5 weeks. He s his before and after cholesterol. His LDL cholesterol decreased 55 poi to 90) and he cut his triglycerides in half (218 to 103). This is an incre reduction in risk of heart disease and improvement in his health. This another example of how DLUWLF can help prevent the need for prescri medications.*

**"I was a skeptic. I am now a believer. In just a short period I have incredible results in my lipid profile. This has given me an addition mental boost to stay healthier. I have recommended the product to my family. My wife is even hooked on it. Try it."**

M. T. male in his 40s -Intensive Care physician

*Comment. This physician has dramatically improved his health. His we*

*near ideal and his lipids are perfect. We are continuing to decrease his cholesterol medications through using DLUWLF. As with other patient, witnessed the results of weight loss and an improved cholesterol profile has given him motivation and confidence that he has the power to control way he looks, feels and lives.*

**"Tastes great and I have zero problems with it. It WORKS, and sir have been using it I feel healthier and have more energy."**

E.D. male in his 30s- Business Owner/Entrepreneur.

*Comment. Here is a patient who has had perfect weight loss. He has lost in 6 weeks. Ideal weight loss is 1-1.5 lbs per week. Faster weight loss causes you to lose muscle along with fat.*

#### *Update*

*His cholesterol improved to the point that he is now on reduced medication it is possible he will be off cholesterol medication in the future. He also elevated hs-CRP (a marker of inflammation in the heart that independent of cholesterol shows your risk of a heart attack). Using all the current strategies and treatments to lower hs-CRP, he only improved marginally, dropping from quintile 4 to quintile 3. DLUWLF brought his hs-CRP down to normal, most favorable quintile 1—NO RISK OF HEART DISEASE!!!!*

**"Tastes great and easy to take. I was unable to lose weight the last time and have found Dr. Levine's Ultimate Weight Loss Formula to be the best way to lose weight. I have lost 24 pounds in 9-10 weeks."**

V.E. male in his 40s- Public Official (initials altered for privacy).

*Comment. This patient has had very rapid weight loss on DLUWLF with other assistance. Since he has no symptoms I am allowing him to continue at his current pace. He still has another 30 lbs to get to his ideal body weight. His cholesterol improvement is spectacular!*

#### *Update*

*V.E. is my patient and lost 34 lbs in 3 months. His "before" cholesterol levels were so dangerous he was placed on not one, but two cholesterol medications. Now he is off both medications and has lowered his LDL by 62 points, which is now normal. His HDL has increased 9 points, which represents a 27-33% reduction in heart disease alone, and he cut his triglycerides by 96 points. The patient continues to use DLUWLF, lose weight, and improve his cholesterol. He has now normalized what was once unacceptable cholesterol and avoided the need for taking two cholesterol medications. He insists he has not altered*

*exercise regimen and does not feel hungry on his reduced calorie diet & DLUWLF. How much money can DLUWLF save you in prescription ex*  
**"I have been unable to lose weight for years. Now I am losing weight enjoying it. I dropped 4 dress sizes in less than two months!"**

P.D. female in her 50s- Housewife.

*Comment: The worst problem you have with DLUWF is that you may not buy a new wardrobe.*

**"I am taking Dr. Levine's Ultimate Weight Loss Formula for the cholesterol benefits, not the weight loss. I kept my weight stable and lowered my LDL cholesterol 30 points in one month."**

M.D. female in her 30s-Business Professional.

*Comment: This young lady avoided going on cholesterol medicine as she lowered her LDL (the bad) cholesterol over 30% and now sits with an LDL that is excellent.*

**"I feel full so my desire to eat throughout the day is gone! My complexion is clearer and smoother. After a few weeks I noticed the cellulite on my legs was going away and my skin was smoothing out. I have tried treadmills, target training, exfoliating my legs and this is the only thing to ever make a noticeable difference in my skin. I'm also happy I've lost some weight the way without feeling like I can't ever eat the things I like! I never stick with anything long enough because it seemed results were taken forever. With DLUWLF I could tell a HUGE difference in my complexion in one week! I'm very happy on this plan and it's healthy as I was lacking on my diet. Thanks Dr. Levine**

B.M. female in her early 30's-housewife with two young children

*Comment: This patient needed only a small amount of weight to lose to reach her ideal body weight. She lost 7 lbs in the first two weeks. Her husband (unsolicited) also noted her improved skin complexion. I have had other patients note that cellulite was improved or removed altogether. I believe the weight loss and the thermogenic (fat burning) properties of DLUWLF are the key to improving or removing cellulite. She also noted that in taking care of herself all day she was overeating. Since she has been taking DLUWLF she has lost weight and has not been eating throughout the day.*

**"I love this stuff. It has a good taste and is easy to take. I have lowered my LDL cholesterol by over 50% in 8 weeks and I have been able to cut my dose of cholesterol medication in half. I am losing a pound per week."**

J.G. male in his 60s-Retired 747 Flight Engineer.

*Comment: He literally cut his LDL (the bad) cholesterol in half and nearly cutting his cholesterol medication in half. I suspect he may get off the medication altogether.*

*medication all together as his weight comes down to ideal body weight.*

**"I can eat what I like in moderation. I can take it before I leave home not be in a rush to eat. I can shop and enjoy myself without starving, feeling hungry."**

L.G. female in her 50s- Housewife and Teacher.

*Comment: You can eat what you like because the product causes you to be satiated, forcing you to eat in moderation. This is a key advantage to this loss product—you don't have to give up any foods you like. You don't have to fight any cravings.*

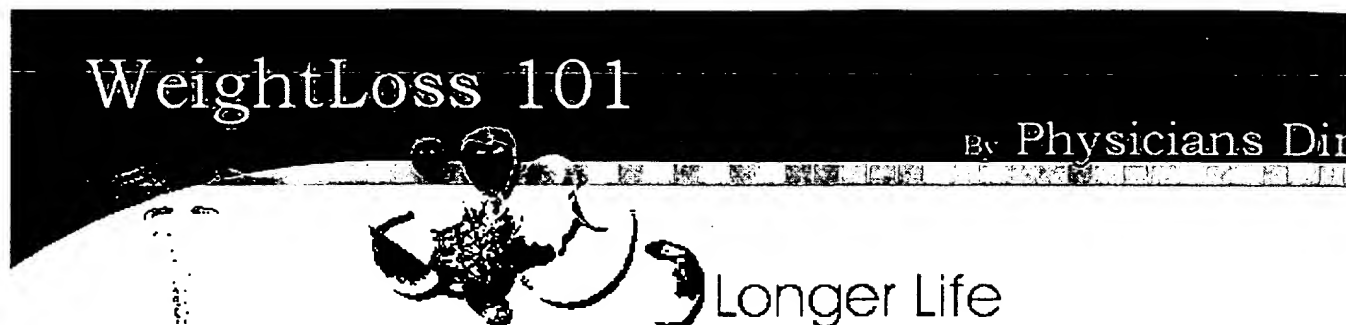
*Here's a comment by a patient who was on it for less than one week and (unsolicited) to tell me:*

**"I love this stuff. I have got my wife on it too. She has been telling me about it at work and we need some brochures."**

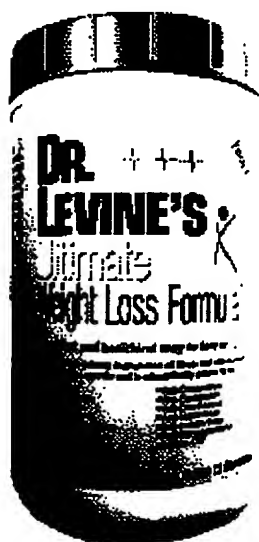
S.H. male in his late 50's Customer Service Representative.

*Comment: I am not kidding when I say this is an exciting way to lose weight. I told me he had lost weight but I am not including the number of pounds because he has not yet had a return office visit to verify the weight loss. When I spoke with him I discovered he skipped the break-in period and started right in on the treatment dose with no side effects. I have noticed 20% of my patients skip the break-in period and most have no complaints. I know you may be anxious to lose weight fast, but I still highly recommend that you follow the break-in dosing.*

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## Frequently Asked Questions (FAQs)

### What Is Dr. Levine's Ultimate Weight Loss Formula™ (DLUWLF)

DLUWLF is "The Smartest, Healthiest, Safest, Easiest, and Most Effective to Lose Weight™"

DLUWLF is a powder that when mixed in water, creates a ZERO calor beverage that sends nerve impulses from your stomach to your brain tell to stop eating.

DLUWLF is the **SMARTEST** weight loss product because it was created by a real doctor who treats obesity and its resulting complications on a daily basis. It is smart because it also provides numerous other health benefits including cholesterol lowering. DLUWLF is smart because it lowers calorie consumption without restricting foods you crave.

DLUWLF is the **HEALTHIEST** weight loss product because it uses nutritious ingredients to promote weight loss. The unique formulation of fibers, antioxidants, and B vitamins does much more than promote weight loss; it helps reduce your chances of developing diabetes, dementia, high cholesterol, osteoporosis, heart disease, and a variety of cancers. This formula is so effective it can be used to dramatically lower cholesterol with or without weight loss. DLUWLF even helps remove toxins from your body! DLUWLF is healthy because it does not contain stimulants.

DLUWLF is the **SAFEST** way to lose weight. DLUWLF contains only natural ingredients for your body. It does not contain stimulants. Virtually all weight loss products available contain dangerous stimulants that can cause stroke, heart attacks, seizures, hepatitis, and even death! You may not be aware of these stimulants as they are disguised under the names Ephedra, Epitoinin, Epitoinin, Guarana, Kola Nut, and Ma Huang-- just to name a few. Make no mistake, these are all dangerous stimulants and the majority of weight loss products contain several of these harmful ingredients! You risk damaging your health while trying to lose weight. The stimulants are also problematic in that

promote yo-yo dieting. They can lead to initial weight loss by speeding metabolism. Eventually however, your metabolism will revert to normal and you will gain the weight back—usually more weight than you lost. The down-up, (yo-yo) dieting is dangerous and stressful to your body. DLUWLF does not contain stimulants and does not restrict foods; weight loss is easily sustained. Where other weight loss products are "~~heart-dangerous~~" DLUWLF is "heart-healthy" due to the protective effects of fiber and vitamins.

DLUWLF is the Easiest way to lose weight, because it is simple and healthy. There is no "will power" requirement. You do not have to avoid foods you like. You don't count calories or buy prepackaged foods. There is no menu to follow. You don't even need to exercise. You simply mix the pleasant-tasting DLUWLF powder in a shaker cup with water, and shake and drink.

DLUWLF is the Most Effective way to lose weight, because it is so simple and works so well. The fact that you do not need to restrict foods you like means it seems like you are not even dieting and makes it easy to continue long-term weight loss. DLUWLF is natural and healthy, yet it creates a very potent sensation of satiety that is long-lasting. Most people are able to lose 1.5 pounds a week without any effort.

## Where Can I Purchase Dr. Levine's Ultimate Weight Loss Formula™?

DLUWLF is patent pending. You can only purchase it from Dr. Levine. There are four convenient ways to purchase DLUWLF:

1. Order from this SECURE website.
2. Call toll free 1-800-641-2907 (have credit card ready).
3. Print the order page and mail with check or credit card information.
4. Fax your order to 407-363-9538 with credit card information.

In order to guarantee you the highest quality product, Dr. Levine personally directs each step of the manufacturing process. DLUWLF is made only in small batches to tightly control quality.

## Does DLUWLF Come In Different Flavors?

DLUWLF comes in three flavors-- chocolate, vanilla cream, and orange. Which tastes best? They all taste great. If you are a chocolate lover then chocolate is out of this world! If you have a flavor preference other than these three please email your preference to (sales@physiciansdirect.com). If we receive enough requests for a certain flavor we will attempt to provide it.

## How Many Calories Does DLUWLF Contain

DLUWLF contains ZERO calories when mixed in water. DLUWLF can be mixed in any low-calorie beverage. The number of calories would be the number of calories in the low-calorie beverage. For example, people can mix DLUWLF in low fat or skim milk. A cup of 2% milk is 8 ounces and has 110 calories. Mixing DLUWLF (zero calories) in 8 oz of 2% milk (110 calories) would be 110 calories or  $0+110=110$ .

## How Do I Take DLUWLF?

Dr. Levine's Ultimate Weight Loss Formula is very versatile and may be taken in a variety of different ways. It can be used to promote weight loss, or to keep weight stable and optimize your cholesterol levels. Anyone taking DLUWLF, regardless of their baseline cholesterol results, can have dramatic improvement in their cholesterol profile, homocysteine level and hs-CRP quintile (the inflammation blood test). Improvement in any of these will dramatically decrease your chances of developing heart disease. Imagine what happens if you improve all three! You can take it to promote weight loss, or you can take DLUWLF strictly for the anti-heart disease or other health benefits.

Dr. Levine's Ultimate Weight Loss Formula can be taken

- To prevent snacking.
- To decrease the amount of calories consumed during a meal.
- As a meal replacement once per day. In this case you are substituting a meal (preferably lunch) with DLUWLF (zero calories).

Dr. Levine's Ultimate Weight Loss Formula can be individualized to you so that you can have the most effective weight loss.

## Is It Easy To Take?

To quote one of my patients, "It is Very Easy to take". If you can add a cap to the cup, place the lid on it, and shake three times you can begin losing weight immediately. It is really that simple.

## Can I Really Eat What I Want?

Yes! Sounds crazy doesn't it? This is one of the great advantages of DLUWLF. You can truly lose weight eating the same foods you eat everyday. The reason you lose weight is that DLUWLF causes you to feel full so you don't eat as much. The smaller the portion, the fewer the calories consumed. DLUWLF also absorbs some fat calories from food that it comes in contact with. It prevents their absorption and speeds transit out of the body. You will keep your weight on DLUWLF eating your current diet. If you want to accelerate weight loss, you can use more of DLUWLF or you can eat a healthier diet.



fatty or calorie- rich diet. Exercise is not a requirement to lose weight on DLUWLF. Aerobic exercise can help accelerate weight loss. It is very important for you to walk one hour a day if you are capable. The benefits of this type of exercise extend beyond the weight loss. It is common for people who seek substantial weight loss to become more motivated about their health. They frequently become more careful about their diet and exercise more. This should be your ultimate goal.

## **What Ingredients Are In DLUWLF?**

Dr. Levine's Ultimate Weight Loss Formula contains five different types of natural fiber, antioxidants and B vitamins. It also contains natural and artificial flavors and sucralose®. DLUWLF does NOT contain Aspartame® or Nutrasweet®.

## **Are The Ingredients Natural?**

Yes.

## **Are There Benefits Beyond The Weight Loss**

Yes, there are many. DLUWLF can actually reduce the risk of developing heart disease, stroke, dementia, diabetes, high blood pressure, and a number of types of cancer. Whether DLUWLF is used for weight loss or cholesterol management, it can dramatically improve your entire lipoprotein profile (entire cholesterol panel).

Dr. Levine's Ultimate Weight Loss Formula™ is a unique, high-potency formulation of fibers and antioxidants that is scientifically proven to be

Anti- Cancer Anti- Osteoporosis

Anti- Heart Disease Anti- Constipation

Anti- Obesity Anti-Diverticulosis

Anti-Diabetes Anti- Hemorrhoids

Anti-Glucose Intolerance Anti-Irritable Bowel Syndrome

Anti-Cholesterol Anti- Homocysteine

Anti-Hypertension Anti-hs-CRP (heart inflammation)

DLUWLF can actually remove toxins from your body. It can directly remove toxins from what you ingest, and also binds to toxins and speeds their removal from the body.

## Are There Any Side Effects?

DLUWLF contains an ultra-high dose of fiber. Some people have gas, bloating, loose stools or more frequent stools when fiber is added to the diet. These symptoms usually resolve within 10-14 days. Some people can immediately take the full dose of fiber without any of these symptoms. The response is different. DLUWLF comes with a break-in-schedule so that the fiber is introduced into the diet and symptoms are minimized.

## Are There Any Medication Interactions?

There are a few medication interactions that could take place. This does mean you cannot take DLUWLF with these medications. You can take DLUWLF with these medications if you are under a doctor's supervision and your drug dose may need to be adjusted by your doctor.

Potential Drug interactions:

You should not take DLUWLF with these medications unless your doctor is checking levels and working with you to take this product:

1. Anti-seizure medications such as Dilantin, Depakote, Valproic acid. These drugs are affected by many medications, as they are highly protein bound. These drugs can be easily affected by any medication whether by prescription or over-the-counter.
2. Theophylline- used for asthma. This is also highly protein bound and is affected by both prescription and non-prescription medications.
3. Blood Thinners – such as Warfarin (Coumadin)- This drug is highly protein bound to protein in your blood and can easily be displaced causing a change in your blood thinning level. Warfarin is also affected by folic acid (vitamin B9) in your diet. This is why doctors tell patients on this medication to eat the same amount of green leafy vegetables daily. Folic acid in the green leafy vegetables affects the ability of Warfarin to thin your blood. Just as you can eat green leafy vegetables with Warfarin if you are consistent, you can also take DLUWLF if you are consistent. DLUWLF does contain folic acid. You should not take DLUWLF without first consulting your doctor. Your doctor will need to establish a baseline "INR" or "protime" (the blood levels that show how thin the blood is) and then adjust the amount of Coumadin you take until the targeted INR is reached.

level is achieved. As an additional safety measure, it is recommended you not take the Warfarin within two hours of taking DLUWLF, will minimize some of the interaction.

Aspirin is a blood thinner, but it thins your blood by a totally different mechanism than Warfarin. Aspirin's blood thinning ability is not affected by folic acid or protein binding. You can safely take DLUWLF with aspirin.

The possibility exists that any medication that requires your doctor to check your blood level for therapeutic response could be affected by any prescription or non-prescription medication. It is comforting to know that very few drugs require blood level monitoring. The vast majority of drugs do not. If you are uncertain as to whether your medication can be affected by fiber, antioxidants, or B vitamins, please discuss this with your doctor.

DLUWLF lowers your cholesterol—dramatically. DLUWLF can provide many benefits to your entire cholesterol panel whether or not you are on other prescription anti-cholesterol medications. DLUWLF can actually improve your cholesterol numbers and result in taking a lower dose of medications or the possibility of coming off the medications. If you are interested in reducing the dosage of your cholesterol medications, do not make changes without talking to your doctor. Your doctor will need to check your fasting cholesterol multiple times while taking DLUWLF and determine if your results warrant the reduction of medication.

Most of the cholesterol medications are taken at bedtime. Although no interactions are known to exist between DLUWLF and cholesterol medications, it is wisest to not take DLUWLF within a 2-hour window of your bedtime cholesterol medications. It is best to take DLUWLF prior to meals as it helps absorb some of the fat in the meal and prevent the fat from being absorbed by your body.

If you have any question about prescription or over-the-counter medications, contact your doctor. DLUWLF you should contact your doctor. Your doctor will need to know that **DLUWLF contains fiber, antioxidants, and the B vitamins (folic acid and pyridoxine B6).**

## Is It Expensive?

No. Dr. Levine's Ultimate Weight Loss Formula is a great value.

For less than the price of a gourmet coffee you can be enjoying increased energy, weight loss, and improved health. Most people will find that DLUWLF actually saves them money as they will eat less, and spend less money on fast food and snacks. Many people will save tremendous amounts of money as they improve their health and help prevent costly medical bills and prescription expenses. The savings in not having to buy monthly prescriptions can be enormous. What is your life worth? **The potential value of good health**

**longer life that results from taking DLUWLF should be viewed as**

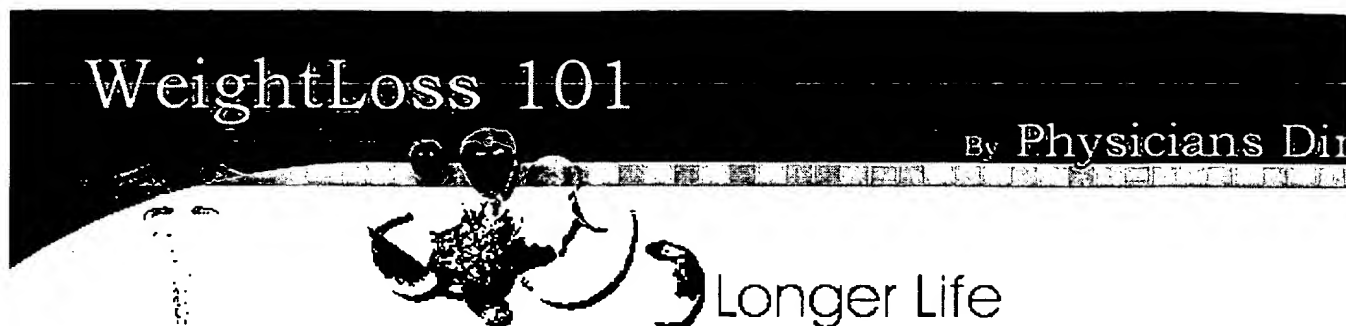
Many people are unhappy with their appearance. Losing significant weight can be a real confidence booster. How do you put a price on feeling good about yourself?

## **Who Is Scott Levine, MD?**

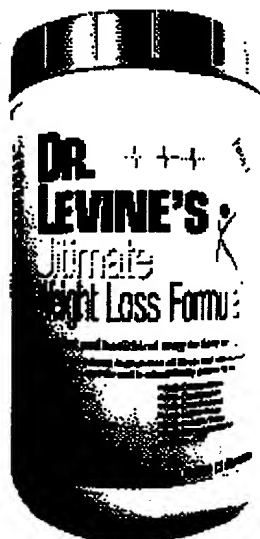
Dr. Scott Levine is a board certified doctor in internal medicine and a leading expert in health and nutrition. He has had an internal medicine medical practice in Orlando, Florida for over 13 years. Dr. Levine has been a speaker at health conferences and on nationally syndicated radio. He has appeared on numerous local TV stations for his medical expertise. Dr. Levine provides advanced disease prevention and highly personalized medical care to his patients. Dr. Levine is committed to educating both his patients and other doctors. As a recognized expert in his field, he teaches other medical doctors advanced cholesterol evaluation and treatment techniques. Dr. Levine's commitment to helping people optimize their health has enabled him to develop unique health and nutrition products.

**Patent Pending 2001, 2002**

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## Scott D. Levine MD, DABFM



Dr. Scott Levine is a physician who is Board Certified in both Internal Medicine and Forensic Medicine.

As a leading expert in health and nutrition, he has been a speaker at national health conferences and on nationally syndicated radio. He has appeared on numerous local TV stations for his medical expertise.

Dr. Levine has had an internal medical practice in Orlando, Florida for more than 13 years. He is highly committed to disease prevention and providing highly personal medical care to his patients. Dr. Levine enjoys educating patients and other physicians. As a recognized expert in his field, he teaches other medical doctors advanced cholesterol evaluation and treatment techniques.

Dr. Levine is committed to providing accurate information of how nutrients and dietary supplements impact your health. Unlike most "nutritional authorities", who are either not medical doctors, or do not actively care for patients, Dr. Levine is a medical doctor who has actively cared for patients over 15 years. Practicing primary care medicine provides an essential component necessary in verifying the accuracy of many nutritional claims.

As part of his deep interest in preventative care, Dr. Levine has developed a variety of health care and nutritional products that can optimize your health.

Dr. Levine's extensive medical training and expertise in health and nutrition enable him to care for almost any medical problem his patients may have. Patients enjoy his compassion and sincerity in addition to the most up-to-date and thorough medical care.

Dr. Levine is a member of the following

## organizations:

American Medical Association

American College of Physicians

American Society of Internal Medicine

Florida Society of Internal Medicine

Dr. Levine is dedicated to providing the best and most compassionate care, educating his patients, and to absolutely optimizing their health and longevity.

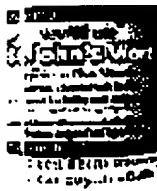
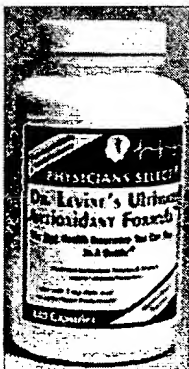
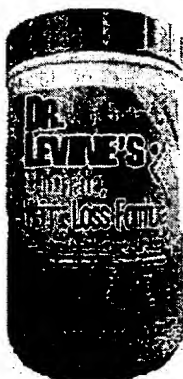
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